## Rethinking Advisers as Behavioral Coaches

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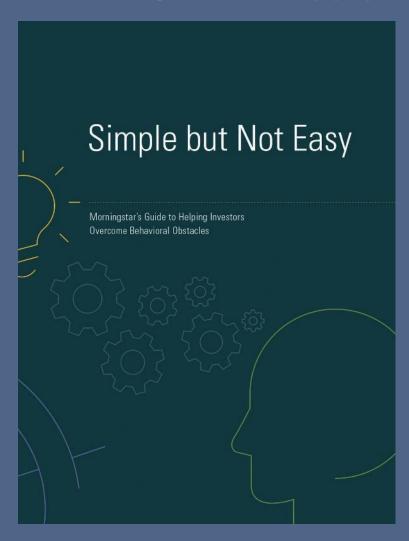


J o n Zinman Dartmouth

Leading behavioural researchers from around the country, working with us on original research for peer-reviewed academic publication



#### See our guide to applying behavioral science: œSimple But Not EasyŔ



http://www.morningstarcom/lp/advisor-toolkit



## You've developed a solid plan together RETIREMENT PLAN Year to Retirement Quaterly 40 60 Weekly ources

# But something happens



Events create mini panic .... And sometimes throw investors off course, which is a basic error.



## And they want you to take action!



Clients want Advisors to take action, which is often the wrong action to take .... Standstill, pause to understand the position and remember the plan, the time horizon and the main goal... humans are programmed for danger. This stress from life threatening danger at our human beginning.



#### The advisor's greatest value: behavioral coaching



Mind the (Behavior) Gap

Investors buy and sell at the wrong time often.....





### Biases at work: Present Bias (Temporal Myopia)





#### Tip 1: Imagine the Future

#### Future Visualization Exercises:

- ➤ Where do you want to be living in 10 years?
- ➤ How will you spend your days? Working, traveling, parenting?
- >Imagine a day from waking to sleeping, where do you go? What do you do?



Try to imagine your future......

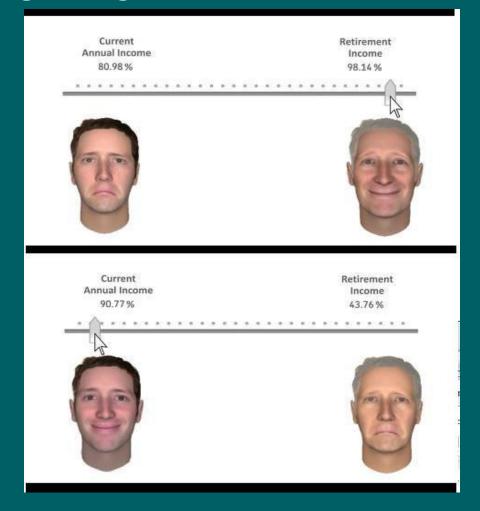


## Tip 2: Age Progression



Hal Hershfield UCLA

A study conducted by Hal Hershield of UCLA has concluded that Age Progression motivates financial planning.





be understood in the context of time and longer term goals.

#### Biases at work: Loss aversion

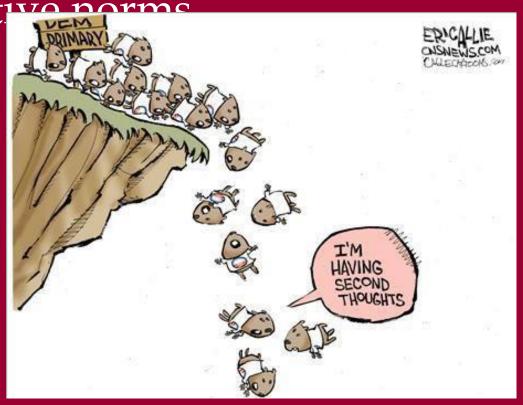


People strongly prefer to avoid losses than acquiring gains



But there are also biases at work. For example:

Descriptive norme



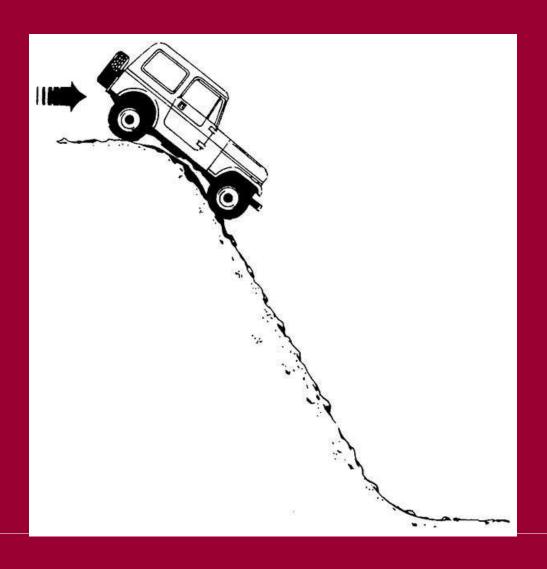
Other people send a strong signal of what we should do.

Which can create a "herd mentality".

If you do what others do, you get what others get .......



#### Other biases at work: Recency Bias

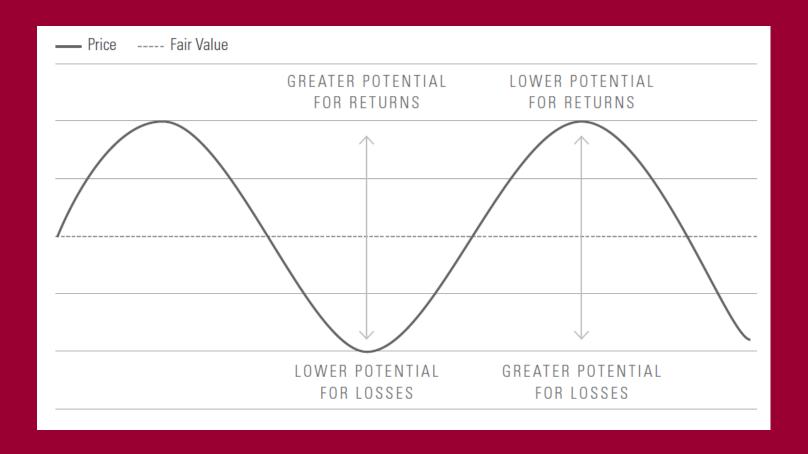


We look for the risk patterns, where we need to focus on the journey......

Recent experiences forebode something worse coming



## Tip 1: Change the market narrative





Tip 3: Help prepare them for the inevitable



"Experienced" investors are prepared for short to medium term losses. Investment falls in value are inevitable – so investors should get "prepared" and stay the "investment course".



#### Let's do this together:

| The Personal Commitment Le   | tter   |
|------------------------------|--|
| To my future self,           |  |
|                              | r money right now. The market is going crazy. I am writing<br>it is tempting, what you really want to do is stay the cours |
| You have planned well, and y | ou can handle the storm. Remember how you felt when yo   |
| sat down with                | and talked about the reasons for   |
| choosing your strategy.      |  |
| Ride it out.                 |  |
| Sincerely,                   |  |
|                              |  |
| Date                         |  |

Page 23 "Letter to your future self"

Very powerful – if not cheesy – some Advisers in the USA use this.



#### Biases at work: Hot-Hand Fallacy

#### Imagine this...













#### Biases at work: Confirmation Bias

We all search for confirmation bias – my mate down the pub said ........



We seek out, and remember, information that supports us



#### Biases at work: Overconfidence Bias

70% of drivers think they are great drivers!



We over estimate our abilities and each believe we're "above average"

### Tip 1: Education about psychology can help

A simple education in psychology can help. An understanding of investment outcomes and the investment strategy is suitable to the investor's needs is the start. Loss aversion will always develop – this is built into our DNA.





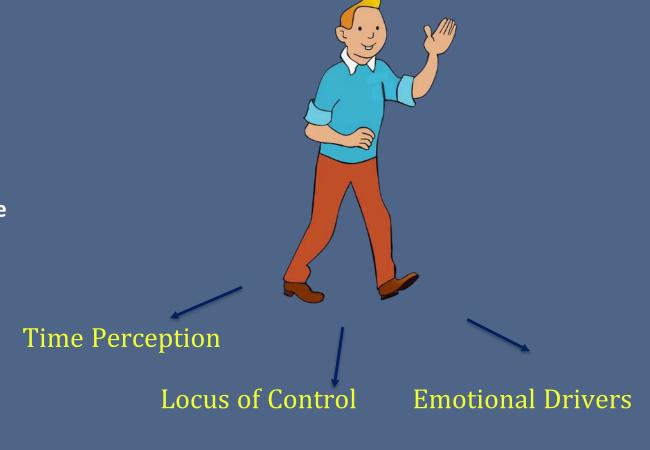
See page 6,Why we shoot ourselv es in the foot



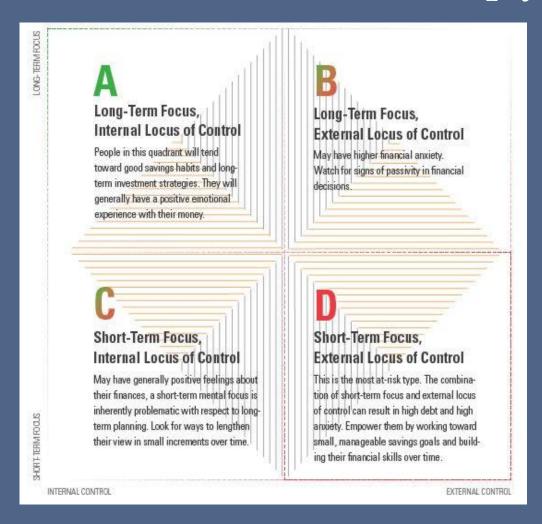
Tip 3: Assess your client's financial personality type

Better understand how your clients think and how that affects their finances

See: Assessing a Client's Financial Type Pages 18-20 of Simple But Not Easy



#### Three psychological axes



The three exes of the Financial Personality Malix Locus of Control, Time Harizon, and Emotional Valence.



#### The pillars of investing knew intuitively about psychology ...



œThe investor's chief problem and even his worst enemy—is likely to be himself.Ŕ

-Benjamin Graham (1894-1976)

He is regarded as one of the fathers of investing and behavioural sciences.



#### Valuation-driven investing is about psychology



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See page 31,"Resources to learn more'

Investors' views, be it "bullish" or as a "bear" regularly conflict so it's imperative that an investment plan stays the course, with "adjustments" to steer through the rough ride ....

